

# OCTOBER 2026

## Vestaburg Community Schools Breakfast Menu

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**5** Sausage, Egg, and Cheese Pocket, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Diced Peaches & Fruit Bar  
White Milk  
Chocolate Milk

**6** French Toast Sticks, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Applesauce & Fruit Bar  
White Milk  
Chocolate Milk

**7** Glazed Donut, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Pineapple & Fruit Bar  
White Milk  
Chocolate Milk

**1** Mini Confetti Pancakes, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Applesauce & Fruit Bar  
White Milk  
Chocolate Milk

**8** Pizza Bagel, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Sliced Apples & Fruit Bar  
White Milk  
Chocolate Milk

**2** Mini Cinni, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Mandarin Oranges & Fruit Bar  
White Milk  
Chocolate Milk

**9** Mini Cinni, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Mandarin Oranges & Fruit Bar  
White Milk  
Chocolate Milk

**12** Bagel and Cream Cheese, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Diced Peaches & Fruit Bar  
White Milk  
Chocolate Milk

**13** Sausage, Gravy, and Cheese Breakfast Bites, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Sliced Apples & Fruit Bar  
White Milk  
Chocolate Milk

**14** 1:00 PM RELEASE  
Yogurt and Bunny Grahams, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Pineapple & Fruit Bar  
White Milk  
Chocolate Milk

**15** 1:00 PM RELEASE  
Mini Confetti Pancakes, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Applesauce & Fruit Bar  
White Milk  
Chocolate Milk

**16**  
NO SCHOOL

**19** Sausage, Egg, and Cheese Pocket, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Diced Peaches & Fruit Bar  
White Milk  
Chocolate Milk

**20** French Toast Sticks, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Applesauce & Fruit Bar  
White Milk  
Chocolate Milk

**21** 1:00 PM RELEASE  
Glazed Donut, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Pineapple & Fruit Bar  
White Milk  
Chocolate Milk

**22** Pizza Bagel, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Sliced Apples & Fruit Bar  
White Milk  
Chocolate Milk

**23** Mini Cinni, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Mandarin Oranges & Fruit Bar  
White Milk  
Chocolate Milk

**26** Bagel and Cream Cheese, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Diced Peaches & Fruit Bar  
White Milk  
Chocolate Milk

**27** Sausage, Gravy, and Cheese Breakfast Bites, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Sliced Apples & Fruit Bar  
White Milk  
Chocolate Milk

**28** Yogurt and Bunny Grahams, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Pineapple & Fruit Bar  
White Milk  
Chocolate Milk

**29** Mini Confetti Pancakes, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Applesauce & Fruit Bar  
White Milk  
Chocolate Milk

**30** Mini Cinni, Uncrustable, Banana Bread, Chocolate Chip Benefit Bar, Cereal Choice with String Cheese (Cinnamon Toast Crunch, Froot Loops)  
Mandarin Oranges & Fruit Bar  
White Milk  
Chocolate Milk

### ***News***

**BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS ENROLLED IN VESTABURG SCHOOL FOR SCHOOL YEAR 2026-2027!**

ALL MEALS ARE OFFERED WITH OUR FRUIT BAR DAILY.

EVERY STUDENT MUST TAKE A FRUIT AT BREAKFAST!

### 1:00 PM RELEASE DAYS

October 14<sup>th</sup>  
October 15<sup>th</sup>  
October 21<sup>st</sup>

NO SCHOOL  
October 16<sup>th</sup>

**MILK IS AVAILABLE TO PURCHASE FOR \$0.75 FOR THOSE BRINGING MEALS FROM HOME.**

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

**ANY QUESTIONS OR CONCERNS, PLEASE EMAIL LAURA KIMBELL**  
[LKIMBELL@VCS-K12.NET](mailto:LKIMBELL@VCS-K12.NET)  
**OR CALL**  
**(989)268-5353 EXT. 2195**